

Scot Morrison, PT, DPT, CSCS

PO Box 690 · Washougal, WA 98671
(772) 713-6754 · scotmorrnsn@gmail.com

Education

Graduated August, 2013 **University of St Augustine for Health Science** St. Augustine, FL
Doctor of Physical Therapy

- Advanced Coursework: Myofascial, Temporomandibular, Spine, & Extremity Manual Therapy (Extremities I, Spine I, II, & III)
- Graduated Cum Laude

Graduated June, 2008 **Liberty University** Lynchburg, VA
Bachelor of Science Kinesiology - Exercise Science

- Graduated Cum Laude

Professional Involvement

- APTA Orthopaedic Section's Student Membership Committee Member - 2013
- NSCA's Sports Medicine/Rehabilitation Special Interest Group board of directors Treasurer/Secretary. - Current
- AAOMPT sSIG Vice President – 2012-13
- Manage the Sports Performance SIG social media
- Involved with the PT Podcast/Inquest through various capacities

Experience

Black Diamond Physical Therapy (Portland, OR)

Staff Therapist/Wellness Club Director *April 2016 - Present*

- Contract therapist responsible for evaluation and treatment of patients with a wide variety of conditions with a primary sports medicine population.

Cash Based PT

Private Practice Physical Therapist *September 2015 – Present*

Washougal Sport and Spine (Washougal, WA)

Staff Therapist/Wellness Club Director *May 2013 - Present*

- Staff therapist responsible for evaluation and treatment of patients with a wide variety of conditions with heavy manual and exercise based approach to rehabilitation.
- Involved with website design and development and managing the clinics online presence.
- Development and implementation of special programs including ACL injury risk reduction program and pre participation screening.

Spine & Sport Institute (Vero Beach, FL)

Staff Therapist/Wellness Club Director *November 2013 – April 2014*

- Staff therapist responsible for evaluation and treatment of patients with a wide variety of conditions, direction of physical therapy assistants, and clinical mentorship co-treating with a senior therapist 4 hours weekly.
- Responsible for website design and development, social media management, and managing the clinics online presence.

- Developed and implemented special programs including a golf fitness and a balance program.

Martin Health Systems (Treasure Coast Medical Fitness Center - Stuart, FL)

Site Supervisor

October 2010 – October 2013

- Designed, implemented and successfully marketed a class for those with Parkinson’s disease that has been featured in local media.
- Integrated, promoted, and launched the fitness aspects of the GO! Strong program targeting diabetes among employees.
- Active member on a board working on the development of Martin County childhood obesity program.
- Developed and run the fitness side of a program targeted at overweight/obese youth from low income homes.
- Developed and implemented a Titleist Golf fitness program at Treasure Coast.
- Numerous speaking engagements both

Cornerstone Physical Therapy (Arden, NC)

Clinical Rotation - Student PT

March 2013 - April 2013

- Presented in-service on pain and movement in therapy that was reprinted on the AAOMPT sSIG blog receiving thousands of views within the first weeks.

The Corvallis Clinic (Corvallis, OR)

Clinical Rotation – Student PT

January 2013 – February 2013

- Presented in-service on shoulder neuromuscular rehabilitation

HealthSouth (Martin, TN)

Clinical Rotation - Student PT

March 2012 - April 2012

- Presented in-service on robotic assisted therapy in acute stroke rehab.

Self Employed

Exercise Professional

August 2011 – June 2014

Martin Memorial (Treasure Coast Medical Fitness Center - Stuart, FL)

Exercise Specialist

July 2008 - October 2010

- Assisted in design and implementation of a wellness screen used for the employees at MMHS.
- Served as a member of the MMHS shared governance committee.
- Presented in-services targeting personal trainers and massage therapists. Subjects included: Kettle-bell technique, exercise programming, corrective exercise, and assessment.

Life Family Fitness (Stuart, FL)

Personal Trainer

June 2009 - March 2010

Lifestyle Fitness (Lynchburg, Va)

Personal Training Internship

July 2008 - June 2008

- Designed an exercise database and began implementation.

Rehab Associates of Central VA (Forrest, VA)

Rehabilitation Internship

January 2008 - June 2008

Liberty University (Lahaye Fitness Center - Lynchburg, VA)

Personal Trainer

January 2007 - July 2007

Various (GA, OH, SC, VA)

Various - Painter/Construction/Landscaping/Carpenter January 2000 - June 2008

Certifications

- Certified Strength and Conditioning Specialist through the NSCA 2008 - Current
- BLS for health professional (CPR/AED) American Heart Association Through 2016
- Titleist Performance Institute Certified Golf Fitness Instructor (TPI-CGFI) 2010 - Current

Volunteerism

- Volunteer Strength Coach - Wrestling Team September 2008 - January 2009
Jensen Beach High School (Jensen Beach, FL)

Professional Organizations

- Member of American Physical Therapy Organization
 - Member of the Sports and Orthopedic sections
 - Member of the Strength and Conditioning, College and Pro, Residency, and Golf SIG.
- Member of National Strength And Conditioning Association

Publications

- Schoffstall, J., Morrison, S., Boswell, B., and Kozlik, B. (2010). Grip Strength and Powerlifting Performance. *Southeastern Chapter of the American College of Sports Medicine Regional Conference*
- Morrison, S. D., & Chaconas, E. J. (2014). Power Development for Golf. *Strength & Conditioning Journal*, 36(4), 43-48.
- Lorenz, D. Morrison, S. (2015) Clinical Commentary: Current Concepts in Periodization of Strength and Conditioning for the Sports Physical Therapist. *International Journal of Sports Physical Therapy*.

PT Related Continuing Education (Last 5 years)

Chicago and Anaheim APTA's Combined Sections Meeting · 2012 Central VA Sports Performance Clinic · 2012 APTA Sports TCC · 2013 Private Seminar from Nike coach Patrick Ward at Drive 495 · 2013 McKenzie Part A · Maitland MT-0 · Maitland MT-2 · Maitland MT-3 · Mulligan Lower Quarter · Advanced Management of Lower Extremity Injuries in the Athlete · Advanced Evaluation and Treatment of Hip Pathologies · Mulligan Lower Extremity Course · Head2Toe Systems managing the injured runner – private mentorship · PNW Symposium: The lower Extremity · Maitland MT-1

References available on request