

Curriculum Vitae

Christine M. Panagos, PT, DPT, SCS, CSCS

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Employment Experience

Black Diamond Physical Therapy

Staff Physical Therapist

July 2012- Present

Providence Portland Medical Center

Providence Park Physical Therapy Clinic

Lead Physical Therapist Out-Patient Physical Therapy

Timbers Team Physical Therapist-April 2011-June 2012

Level II Adolescent Sports Rehabilitation

June 2007-June 2012

West Portland Physical Therapy. Sports Lab Training Center

Rehabilitation Clinic Director, Sports Lab Training Center

September 2006-April 2007

Providence Portland Medical Center

Staff Physical Therapist

October 1999-September 2006

Education

A.T. Still University

Doctorate in Physical Therapy

Mesa, Arizona

December 2013-October 2015

Northeastern University

Bachelors in Science, Physical Therapy

Bouvé College of Health Sciences.

Boston, Massachusetts.

September 1986-June 1991.

Professional Qualifications

Licensed Physical Therapist in the State of Oregon.

American Board of Physical Therapy Specialists in Sports Physical Therapy. Board Certified Sports Specialist (SCS). (February 2011)

Certified Strength and Conditioning Specialist. (2007-present)

Certified Emergency First Responder through the Sports Section of the APTA. (2007-present)

BLS/CPR Re-certification. (2010-present)

Certified SASTM Practitioner. (November 2007)

Professional Affiliations

American Physical Therapy Association (APTA) (1991-Present)

Sports Physical Therapy Section (SPTS) (1998-Present)

Oregon Physical Therapy Association (OPTA) (1999-Present)

Oregon Physical Therapy Association [OPTA], Continuing Education Committee
2013-present

National Strength and Conditioning Association (NSCA) (2007-Present)

Special Interest Groups APTA

Female Athlete [February 2014-Present]

Adolescent Athlete (January 2010-Present)

Hip (February 2009-Present)

Professional Presentations

Athletic Pubalgia in the Female Athlete-Combined Sections Meeting of the APTA
Las Vegas, NV [2014]

The Adolescent Knee-Injury Prevention-Grant, High School-Parent/Athlete girls
basketball [2013]

The Adolescent Shoulder. Providence Sports Committee Shoulder Symposium. (2010)

Returning the Overhead Athlete to Sport. Providence Sports Committee Shoulder
Symposium. (2010)

Considerations for the Adolescent Athlete. Providence Level II Symposium. (2010)

Evaluation, Treatment and Training of the Cyclist. Spokane, WA (2007). Presented for The
Northwest Society for Sports Medicine.

The Cyclist's Hip. Providence Hip Symposium. (2008)

Continuing Education. (2009-2015)

Oregon Physical Therapy Association. Cognitive Behavioral Therapy. Portland, OR [2015]

Oregon Physical Therapy Association. Annual Conference. Portland, OR [2015]

The American Physical Therapy Association Combined Sections Meeting. Las Vegas, NV [2014]

The American Orthopaedic Society for Sports Medicine Annual Conference. Seattle, WA. [2014]

The American Orthopaedic Society for Sports Medicine Annual Conference.

Chicago, IL. [2013]

The American Orthopaedic Society for Sports Medicine. Graft Healing and Failure after ACL.

Chicago, IL. [2013]

The American Orthopaedic Society for Sports Medicine. Ankle Arthroscopy. Chicago, IL. [2013]

The American Orthopaedic Society for Sports Medicine. The Adolescent Knee.

Chicago, IL. [2013]

Sports Physical Therapy Section Running Course. Bryan Heiderscheit. [2012]

Understanding Intra-Articular Hip Pathology. OPTA. Portland, OR. [2012]

APTA Combined Sections Meeting. Chicago, IL. {2012}

Dynamic Neuromuscular Stabilization and Athletic Performance. APTA. Chicago, IL. [2012]

Selective Functional Movement Assessment. North American Sports Medicine Institute.

Portland, OR (2012)

Sports Certified Specialist (SCS) Review Course. Greenville, SC (2011)

Movement Syndrome Syndromes of the Lumbar Spine & Hip. Shirley Sahrman.

Portland, OR. (2011)

Mike Reinold, DPT, SCS, ATC. On-line Shoulder Fellowship-Asked by program administrator to review new structure of the course and provide feedback. (January-February 2011 (8wks)

Functional Movement Symposium- Northeast Seminars. Chicago, IL. (2011)

Emergency Response Course-Sports. Portland, OR. {2011}.

Current Concepts in Management of Upper and Lower Quarter injuries. Presented by North American Sports Medicine Institute. Seattle, WA. (2010 NASMI)

Sports Section APTA Team Concept Conference. Las Vegas (2010)

Latest Advances in Concussion and TBI Issues. AHC Education & OHSU. (2010)

Providence Level II Symposium (2010)

Providence Sports Committee Shoulder Symposium (2010)

Running the risk of Greater Trochanteric Bursitis. (2010)

Clinical Examination of the Wrist. Sybil Fisher. (2010)

Emergency Response for the Physical Therapist. Assessment of the Athlete. APTA/SPTS Home Study Course. (2010)

APTA Combined Sections Meeting. San Diego, CA. (2010)

Recent Advances in the Evidence-Based Examination and Treatment of the Shoulder. Online Fellowship Program presented by Michael M. Reinold, PT, ATC for the '04 and '07 World Series Champion, Boston Red Sox. (10/09-11/09)

Evaluation and Treatment of Concussions. Dr. James Chesnutt. (2010)

Providence Level II Symposium. (2010]